



## **OK to Bring**

The following is a list of authorized personal items that you may want to bring to training, but are not required. Any unauthorized or unnecessary items (including the your civilian clothes) will be boxed up and shipped home at your expense.

### **OK to Bring:**

1. Wrist watch, wedding ring.
2. Religious medallion (No larger than the size of a dog tag).
3. Writing material (NO bottled ink).
4. Pocket dictionary.
5. Pocket bible.
6. Small address book.
7. Hairbrush and comb.
8. Pre-paid phone cards.
9. One pair of prescription glasses, reading glasses or contacts (with one week of cleaning solution).
10. A small amount of cash (i.e. less than \$10).

### **Female recruits may retain the following personal items:**

1. Feminine sanitary items.
2. Conservative cosmetics. Female/one each of face powder, blush, lipstick, eye shadow, and mascara (non-aerosol or glass) Make-up will be authorized for division photos and graduation weekend only.
3. Barrettes (Female/must match hair color).
4. Six white sports bras and two white full cup bras.
5. Six plain white cotton briefs (No lace).
6. One conservative, solid color (blue or black) one-piece swimsuit.
7. Birth control medications.